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STUDY FOR THE GROUP

OF

MAGNETIC HEALERS

A Study For World Servers

STUDY FOR THE GROUP OF MAGNETIC HEALERS

Dear fellow student,

In this study we deal with the service of Magnetic Healers, who will become particularly significant in the field of healing in the New Age.

The group is still in the process of development and, therefore, initially only a few people will be able to provide that service. It will be those who have acquired the necessary knowledge, who are in conscious contact with the soul and beyond it with the Spiritual Triad, and feel themselves linked at the soul level with the group of the Magnetic Healers.

At first, only experiments will be made by which individuals or the group will attempt to contact the subtle healing group in order to function as transmitters of the healing force. This new method of healing can be employed by all those who, through the building of the Antahkarana, have acquired the capacity to reach and utilize the ray energy of the fourth cosmic etheric level – the Buddhic Plane – where the healing takes place by establishing circulation between the lower and the higher planes.

As we know, brand new paths of healing are being trodden. The time has come to utilize these new forms of healing and experiment with them; to this belongs, among others, the utilization of sound and colour, which are qualities of the Fourth Ray, called the divine Mediator, linking the lower with the upper Triad.

There are two types of healing method: at one time success is obtained by healing over the etheric body, which is the body of soul expression on the physical plane; another time, it is the second method that works, i.e. from soul to soul, provided that the healer has previously made certain contact with his own soul. But in both cases, the emphasis is on the bringing forth of radiatory soul energy.

We should like to stress, furthermore, that the bringing forth of soul energy should – as Master DK tells us – occur in complete reticence; we should not discuss it with anyone, because for every healing act *complete silence* is absolutely necessary. Speaking would transgress a given law which the healer is required to keep; besides, talking would divert and dissipate the energy.

No one should let himself be discouraged by the fact that only the first attempts are being dealt with, because we are doing pioneering work which is never easy. It requires each one to go forward courageously.

We come now to some important statements made in his books by the Tibetan concerning this Group:

The third group is that of the *Magnetic Healers*. These healers have no relation to the work of the so-called magnetic healers of today. They work intelligently with the vital forces of the etheric body. Much of their work is dealt with in the fourth volume of *A Treatise on the Seven Rays*. This group of healers must bring about the right healing of the personalities of individuals in all aspects of their nature. The work to be done is that of the intelligent transmission of energy to various parts of the nature – mental, emotional and physical – through the right organization and circulation of force. Present day healers should endeavor to break loose from the modern and traditional ideas as to healing; they should

recognize the stupendous fact that healing must eventually be carried forward by groups which will act as the intermediaries between the plane of spiritual energy (either soul energy, intuitional energy or will energy) and the patient or group of patients. Note this last point. The *group idea* must always be remembered by the students as they work; they must not work as individuals but as units in a coherent whole. This will distinguish the New Age methods from the past, for the work will be group work and, usually, for a group. Magnetic healers must learn to work as souls and not as individuals. They must learn to communicate healing energy from the reservoir of living force to the patient or patients.

(Discipleship in the New Age, page 37)

Turning now to the work of the third group, we find ourselves concerned with the task of the magnetic healers of the world. [...] It is [42] of interest to note that the work of this group is perhaps one of the hardest to carry through, although from another angle it is far easier than the task of most of the other groups, because the consciousness of the bulk of humanity is found to be predominantly upon the plane of illusion and therefore, as the *Old Commentary* says:

"They who work to bring in light and yet are surrounded by the maya of the senses, work from the point of present being and need not to move out or in, or up or down. They simply stand."

The healers of the world upon the physical plane have to work upon that plane and their task is that of bringing through the energies of life, emanating from the soul plane, via the mind, but excluding the emotional. These energies have to be brought through into physical consciousness and, from the physical level, do their necessary and magnetic work. The task of the healers, if successful, involves:

1. The bringing through of healing divine energy.
2. The exclusion of the astral world, and therefore illusion.
3. The utilization of the healing energy in full waking consciousness upon the physical plane.

Most of the healers in the world are working as follows:

1. As purely physical healers, dealing with the vital forces of the physical body, and with their own consciousness polarized in the etheric body.
2. As emotional astral psychics, with the consciousness polarized upon the astral plane, and utilizing the astral body and working in and with glamour and illusion. The effect of their work, if successful (and I would have you note that "if," for I deal with the idea of relative permanency) may be one of two things:
 - a. They may cure the physical ills in the patient which are of such a nature that the inner astral desire (and [43] therefore the lower desire) has eventuated in physical disease, experienced in some aspect or organ of the physical body.
 - b. They may intensify the effect of the illusion of desire in the physical brain consciousness and cause such a violent increase of the active energies that death may occur before so very long. This is quite a frequent happening. Nevertheless death is a cure, remember this.

Under these two categories the bulk of the world healers are found – sometimes doing good, oft doing harm, even if not realizing it, and even if (as is usually the case) of good intention. There are three other categories of healers, however, to add to the two above:

3. Mental healers in the true sense of the word. Most mental healers unduly flatter themselves and work not with their minds at all. They have much mental theory and astral methods. Desire is the motivating power and not mental impulse. The true mental healer only brings about his results when he knows something of *illumination* in the technical and academic sense, and of the power of light to dispel illusion. Disease is not an illusion; it is a definite effect of a real cause from the standpoint of average humanity. When healers can work mentally, they deal with the causes of disease and not with the effects.
4. Those healers whose soul contact is established and who work through the souls of people, enabling them therefore:
 - a. To stand in spiritual being
 - b. To work, free from illusion
 - c. To achieve true perspective upon the physical plane
 - d. To coordinate the personality and the soul so that the will of the inner spiritual man can work out upon the physical plane.
5. Those who can work (as is eventually intended that this third group should work) definitely as outposts of the [44] consciousness of the Hierarchy of Masters. This work will be done in group formation and with a united synthesized effort. The personal effect of such healers is therefore:
 - a. To coordinate the personality of the patient. They are themselves coordinated.
 - b. To bring about contact with the soul, on the part of the patient. They are themselves vitally in contact.
 - c. To fuse and blend the personality and the soul and thus provide an instrument for the distribution of spiritual energy. They are themselves thus fused.
 - d. To understand and use the laws of true spiritual healing through intelligent activity upon the mental plane, through freedom from glamour, and through such a right use of force that the instrument of the soul (the personality) becomes vitally magnetic.

In the coming Aquarian Age we shall see humanity producing a culture which is sensitive to the finer and higher spiritual values, a civilization which is free from glamour and from much of the illusion which today colors the Aryan peoples, and a racial life which will be embodied in those forms which will bridge the gap at present existing; it will be free from what we now know as disease of the worst kind, though death and certain forms of bodily breakdown which may eventually end in death will, of course, still be prevalent. The overcoming of death is not contingent upon the [45] elimination of bodily ills, but upon the establishing of that continuity of consciousness which carries over from the physical plane of life to the inner subjective existence. Of this state of being, groups such as this third group can be the custodian and their problem is therefore:

1. To establish that state of personality development which will lead to magnetic living upon the physical plane.
2. To study the laws of life, which are the laws of health and of right relationship.

3. To develop that continuity of consciousness which will "open the doors of life and dispel the fear of the known and of that which disappears."

From the angle of the work of the world healers, the above is a statement of opportunity. This they face as the nucleus or one of the germs or seeds of the new civilization and the coming culture. It embodies the objective of all their work, and their contribution to the united work of the groups.

Equally so, they can bridge the gap at present existing in the racial consciousness between

1. Life and death.
2. The sick and the well. This is between:
 - a. The physically sick and the inwardly well, which is the case with a few – a very few – of the advanced people, or the disciples of the world and the senior aspirants.
 - b. The physically well and the psychically sick, which is sometimes the case, but of singular rarity.
 - c. The physically sick, the psychologically sick, and the over-shadowing soul. This situation is often found today.
3. The physical plane and the world of souls, because of the development of a sound instrument and the dissipation of those causes which work out as effects in the physical body as disease, and act as barriers to the inflow of soul energy and the entrance of soul awareness into the brain activity. [46]

This bridging work, when it occurs today, is often simply a fortunate but fortuitous happening and is not the result of a consciously planned bridging work. But it is the intent of the Hierarchy that the groups which will be later formed, and which are today in process of forming (including this third group of mine) can aid in this process, if such is the will of the constituent parts.

Finally, every initiate is a magnetic healer. This is a statement of fact. Though the members of the Hierarchy have each of Them Their duly appointed functions and Their planned activity (dependent upon Ray, upon race and upon dedication) there is one activity which They share in common and that is *the power to heal*. Their ability to act as magnetic healers works out in various ways, predominantly in the realm of psychological readjustments and psychic disentanglements, and – only incidentally and as a result of the two above activities – in the processes of bodily healing.

You will note from the above, that the healing work done by the initiate members of the Great White Lodge is threefold – *psychological*, bringing in the soul; *psychic*, releasing the lower psychic nature from illusion so that the psyche or soul can have full sway; *physical*, as the result of the inner psychological and psychic adjustments.

This triple healing activity is intended to be the objective of all groups working as this third group, the magnetic healers, should work; thus will be brought about an emergence of hierarchical effort into outer activity. Thus you will note, my brother, that the work of the first three groups just discussed, and viewing them as constituting one unit, produces a synthetic endeavor in the three worlds, and leads from the plane of the soul to the plane of outer expression.

(The Externalisation of the Hierarchy, pages 41-46)

Thought neither cures disease nor causes it. Thought must be employed in the processes, but it is not the sole or the most important agent. It is on this point that many groups and healers go astray. The mind can direct energy and this energy can, in its turn, produce over-stimulation of the brain and of the body cells and so cause nervous trouble and sometimes brain disease, but the mind itself and thinking, per se, cannot cause disease and trouble in the physical body. As the race learns to think clearly and definitely, and as the laws of thought begin to control the racial consciousness, disease – as we now know it – will be greatly lessened and more and more people will achieve integration.

(Esoteric Healing, page 97)

As to the part love has to play in the healing process:

Love is the life expression of God Himself; love is the coherent force which makes all things whole (I would have you ponder upon this phrase), and love is all that *is*.

The main characteristic of the distinction between soul energy and personality force, as applied to healing, lies in [357] the region of the application and the expression of love. Personality force is emotional, full of feeling, and – when in use – the personality is ever conscious of itself as the healer, and is the dramatic center of the stage upon which are two players, the healer and the one to be healed. Soul energy functions unconsciously and is wielded by those who are in contact with their souls and who are consequently decentralized; they are "off the stage" themselves, if I might use that expression, and they are completely occupied with group love, group activity and group purpose.

(Esoteric Healing, pages 356-357)

Let us now introduce the various schools of healing in the future, which are to be developed at the end of this century and towards which we are cooperating. They include the following:

1. Psychological adjustments and healing
2. Magnetic healing [373]
3. The best of the allopathic and homeopathic techniques, with which we must not dispense
4. Surgical healing in its modern forms
5. Electro-therapeutics
6. Water-therapy
7. Healing by color and sound, and radiation
8. Preventive medicine
9. The essential practices of osteopathy and chiropractic
10. Scientific neurology and psychiatry
11. The cure of obsessions and mental diseases
12. The care of the eyes and ears
13. Voice culture, which is a definitely healing agency
14. Mental and faith healing
15. Soul alignment and contact

(Esoteric Healing, pages 372-373)

The work of the healer and of the healing groups will therefore be supplementary to the orthodox care; results will have to be carefully watched and noted on both sides. Any group which is formed for healing should work under certain determined policies, and here are a few which I would suggest as essential to success in this transitional period:

1. The patient to be healed (or helped, if healing is not possible) should always be in the hands of a good and reputable doctor, and if not, should be encouraged to consult one.
2. The nature of the disease should be known to the group, and should be determined by careful, orthodox medical diagnosis.
3. The age of the patient, his birth date and some information anent his circumstances should also be known, so as to provide a focal point of interest, and a magnetic area should be constructed around the patient which will attract the thought-directed energy of the group.
4. The healer or the healing group should have a general grasp of the nature and the anatomy of the body, the placement of the various organs in the body and the position and nature of the centers governing the diseased area or areas. Charts giving this information should be studied.
5. The faculty of imagination and the power of visualization should be emphasized in a healing group, and the [287] ability should be developed to send streams of energy to the patient and to the area in the patient's body where the trouble lies.
6. The healer or the healing group must remember that it is not mental energy only with which he works. He, for *himself*,
 - a. Creates a thought of healing power.
 - b. That created focal point of concentrated attention becomes the directing agent for the healing force or prana.
 - c. This prana is neither mental nor astral in nature. It is pure planetary substance or living essence, and is that substance of which the vital body of the planet is made.
 - d. The healer or the healing group appropriates as much of this substance as is possible, and by the power of their united thought they direct it to and through the center involved. *Healing work is circulatory*, and this must not be forgotten.

(Esoteric Healing, pages 286-287)

The healer or the healing group must keep the will in leash. It is not will which must be used, but love.

Perfect Poise indicates complete control of the astral body, so that emotional upheavals are overcome, or at [673] least are greatly minimized in the life of the disciple. It indicates also, on the higher turn of the spiral, an ability to function freely on buddhic levels, owing to complete liberation (and consequent poise) from all the influences and impulses which are motivated from the three worlds. This type or quality of poise connotes – if you will think deeply – an abstract state of mind; nothing which is regarded as non-perfection can create disturbance.

A Completed Point of View. This necessarily and primarily refers to the universal outlook of the Monad, and therefore to an initiate of the higher degrees. [...] A completed point of view – as experienced on soul levels – indicates the removal of all barriers and the freedom of the disciple from the great heresy of separateness; he has therefore created an unclogged channel for the inflow of pure love.

Divine Understanding must also be studied from two points of view. As a soul quality, it indicates a mind which can be held steady in the light, and can therefore reflect the pure reason (pure love) which qualifies the reflections of the Son of Mind, the soul on its own plane. On the higher Way of the Master, it relates to that identification which supersedes the individualistic consciousness; all barriers have gone, and the initiate sees things as they are; he knows the causes of which all phenomena are the ephemeral effects.

All three of these divine attributes are, in some measure, essential in the development of the initiate-healer; he must work at their unfoldment as part of his necessary equipment; he must know that all reactions of an emotional nature create a wall or barrier between the free flow of healing force and the patient, and that the barrier is created by him and not by the patient. The emotions of the [675] patient should have no effect upon the healer and should fail to deviate him from the intense concentration needed for his work; these emotions of the patient cannot in themselves create a barrier strong enough to deflect the healing force.

(Esoteric Healing, pages 672-675)

We can therefore, on the basis of this Rule, divide healers into two groups: one group wielding the vital etheric fluid which we call prana, and the second group working on a much higher level and employing an ability to draw down soul energy into the body (or rather, the personality) of the healer and – from the required center – to send it forth again into the appropriate center in the patient's body, but this time through the stimulation of the patient's aura controlled by the patient's soul. The two types of energy are of a widely different quality, for one is purely of the personality and is sometimes called *animal* [644] *magnetism*, and the other is of the soul, involving a type of work called *radiation*.

(Esoteric Healing, pages 643-644)

Radiatory healing is brought about by the mingling of the two auras, both of them responsive to soul contact; the soul aspect of both persons (under control of the soul) is then directed towards some area of the patient's physical body. This produces a tremendous effect upon the diseased area, and the center in that same locality becomes exceedingly energized. The work of the healer during this process is one of intense quiescence. Having made his contact, he simply waits and has nothing more to do but to hold his soul alignment steady and permit nothing to disturb his personality vehicles. His task was accomplished when he made his own soul contact and then reached out and contacted the patient's soul. This he could do because he knows all souls are one; eventually the art of healing will be one of the demonstrating factors in proving the unity of all souls.

(Esoteric Healing, page 657)

THE SEVEN STATEMENTS

1. *The first ray technique.*

Let the dynamic force which rules the hearts of all within Shamballa come to my aid, for I am worthy of that aid. Let it descend unto the third, pass to the fifth and focus on the seventh. These words mean not what doth at sight appear. The third, the fifth, the seventh lie within the first and come from out the Central Sun of spiritual livingness. The highest then awakens within the one who knows and within the one who must be healed and thus the two are one. This is mystery deep. The blending of the healing force effects the work desired; it may bring death, [707] that great release, and re-establish thus the fifth, the third, the first, but not the seventh.

2. *The second ray technique.*

Let the healing energy descend, carrying its dual lines of life and its magnetic force. Let that magnetic living force withdraw and supplement that [708] which is present in the seventh, opposing four and six to three and seven, but dealing not with five. The circular, inclusive vortex - descending to the point - disturbs, removes and then supplies and thus the work is done.

The heart revolves; two hearts revolve as one; the twelve within the vehicle, the twelve within the head and the twelve upon the plane of soul endeavor, cooperate as one and thus the work is done. Two energies achieve this consummation and the three whose number is a twelve respond to the greater twelve. The life is known and the years prolonged.

3. *The third ray technique.*

The healer stands and weaves. He gathers from the three, the five, the seven that which is needed for the heart of life. He brings the energies together and makes them serve the third; he thus creates a vortex into which the one distressed must descend and with him goes the healer. And yet they both remain in peace and calm. Thus must the angel of the Lord descend into the pool and bring the healing life.

4. *The fourth ray technique.*

The healer knows the place where dissonance is found. He also knows the power of sound and the sound which must be heard. Knowing the note to which the fourth great group reacts and linking it to the great Creative Nine, he sounds the note which brings release, the note which will bring absorption into one. He educates the listening ear of him who must be healed; he likewise trains the listening ear of him who must go forth. He knows the manner of the sound which brings the healing touch; and also that which says: Depart. And thus the work is done.

5. *The fifth ray technique.*

That which has been given must be used; that which emerges from within the given mode will find its place within the healer's plan. That which is hidden must be seen and from the three, great knowledge will emerge. For these the healer seeks. To these the healer adds the two which are as one, and so the fifth must play its part and the five must play its part and the five must function as if one. The energies descend, pass through and disappear, leaving the one who could respond with karma yet to dissipate and taking with them him who may not thus respond and so must likewise disappear.

6. *The sixth ray technique.*

Cleaving the waters, let the power descend, the healer cries. He minds not how the waters may respond; they oft bring stormy waves and dire and dreadful happenings. The end is good. The trouble will be ended when the storm subsides and energy has fulfilled its chartered destiny. Straight to the heart the power is forced to penetrate, and into every channel, nadi, nerve and spleen the power must seek a passage and a way and thus confront the enemy who has effected entrance and settled down to live. Ejection - ruthless, sudden and complete - is undertaken by the one who sees naught else but perfect functioning and brooks no interference. This perfect functioning opens thus the door to life eternal or to life on earth for yet a little while. [712]

7. *The seventh ray technique.*

Energy and force must meet each other and thus the work is done. Color and sound in ordered sequence must meet and blend and thus the work of magic can proceed.

Substance and spirit must evoke each other and, passing through the center of the one who seeks to aid, produce the new and good. The healer energizes thus with life the failing life, driving it forth or anchoring it yet more deeply in the place of destiny. All seven must be used and through the seven there must pass the energies the need requires, creating the new man who has for ever been and will for ever be, and either here or there.

(Esoteric Healing, pages 706-712)

MEDITATION FOR MAGNETIC HEALERS

STAGE I

OM

Standing within the Light of the soul-infused personality, we unite ourselves with the soul of the New Group of World Servers. We concentrate on the heart of this meditating Group and visualise the unity and synthesis of the ten seed-groups, through which the Spiritual Hierarchy works. Thus united with all our group brothers. we utter the mantram of the New Group of World Servers:

May the Power of the one Life pour through the group of all true servers;

May the Love of the one Soul characterise the lives of all who seek to aid the Great Ones.

May we fulfill our part in the one Work through self-forgetfulness, harmlessness, and right speech.

STAGE II

OM

We realize that the magnetic healer or the healing group works with love energy. Thus we unite ourselves with the heart center of love in our planet – the Spiritual Hierarchy – and we utter the mantram of love:

In the centre of all love we stand;

from that centre we, as souls will outward move;

from that centre we, the ones who serve, will work.

May the love of the divine self be shed abroad in our hearts, through our groups, and throughout the world.

STAGE III

OM

Using the imagination, we consciously produce inner harmony and link ourselves as souls with the group of magnetic healers, in their thinking and feeling nature, and we direct our attention to the work we are attempting to do.

STAGE IV

We establish a link between the soul and the brain. Gathering the forces of Love, we focus them in the head and imagine a *radiating* centre of energy and vivid light. We utter the mantram:

With purity of motive, inspired by a loving heart,
we offer ourselves for this work of healing.

This offer we make as a group and to the one we seek to heal.

STAGE V

We visualise the linking process going on: how the lines of living light substance move to the heart centre of the group and to the patient, as we remain concentrated in the ajna centre. Thus the ajna centre and the heart centre of all the persons involved will be closely interrelated.

STAGE VI

For a brief moment, we direct our thoughts to the one we seek to heal, so that he becomes

a reality in our consciousness. We think about his physical difficulty (as far as we know it), and then we dismiss these details and concentrate upon the type of force we are going to handle – the second ray force of Love.

STAGE VII

We feel a deep love pouring into us. We regard it as substantial light and we send it out as a stream of radiant light from the ajna centre and direct it through the medium of our hands to the patient (we hold the hands, palms outward, about 15 cm from the eyes). As we visualise the stream pouring out and sense the patient receiving it, we say in a low voice:

May the love of the one soul, focused in this group,
Radiate upon you, my brother,
And permeate every part of your body –
Healing, soothing, strengthening;
And dissipating all that hinders service and good health.

We conclude with the Invocation:

From the point of Light within the Mind of God,
Let Light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love, within the Heart of God,
Let Love stream forth into the hearts of men.
May Christ return to Earth.

From the centre where the will of God is known,
Let purpose guide the little wills of men.
The purpose which the Masters know and serve.

From the centre, which we call the race of men,
Let the plan of Love and Light work out.
And may it seal the door where evil dwells.

From the Avatar of Synthesis, who is to come,
Let His energy pour down in all Kingdoms.
May He lift up the Earth to the Kings of Beauty.

Let Light and Love and Power restore the Plan on Earth.

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The handbook for the group of magnetic healers is “Esoteric Healing”, by Alice A. Bailey. The healers are found on all rays, insofar as they are initiates, since the seven rays are only subrays of the second ray of love-wisdom, which is the main ray of this solar system, the healing, liberating energy which makes all things new.

The centres through which the healers work are the head, heart and Ajna centres.

The keynotes are:

Through ‘magnetic living’.

Through laws of life, laws of health and right human relationships.

Through continuity of consciousness.

STUDY FOR THE GROUP OF MAGNETIC HEALERS

The text of this study has been gathered from the following books by Alice A. Bailey, dictated by Master Djwhal Khul :

Esoteric Healing
The Externalisation of the Hierarchy
Discipleship in the New Age, Volume I

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